

# Gobble Up Gratitude

## Note for Parents

Gobble Up Gratitude is designed for families to incorporate faith into their fall family fun. This resource is to be used in the month of November. This month we will be focusing on showing gratitude to God for who He is and what He does for us. This resource includes the following:

- 4 Family Devotions (1 per week)
- 4 Games (1 per week)
- 4 Crafts (1 per week)
- 4 Snack Ideas (1 per week)

## When is a good time to do these activities each week?

- Use it on Saturday or Sunday and do all activities for that week in one day.
- Spread out the activities over the whole week. For example, you could read the devotion before school one morning. Then another day do the craft, next day game, next day create the snack.

Fall is a great time to start the habit of spending time together in God's Word as a family. Once you create this habit, your children will want to do it every day and will remind you if you miss a day! These habits will hopefully form in your children a love of God's Word that will stay with them throughout their lives. You are building a foundation of God and His love into your children by spending time together in His Word.

# Family Devotion

## Week 4 – Gratitude Through Song

*"The Lord is my strength and my shield; my heart trusts in him, and I am helped. My heart leaps for joy and I will give thanks to him in song." Psalm 28:7*

Who likes to sing? Raise your hand if you do or belt out a lyric to your favorite song now!

One of my favorite ways of praising God is through song. I love singing praises to Him...and sometimes I sing loudly!

In Psalm 28:7, David shares with us that he likes to sing, too! David tells us that God is his strength and shield, that he trusts God, and that God helps him. And because of this David says his heart leaps for joy! And then David says he gives thanks to God by singing to Him.

So what makes your heart leap for joy and cause you to want to sing praises to God? Write down these things in the space below.

Now....it's time to sing! As a family, pick a praise song that you love, find it on YouTube, play it and sing along with it! Let this be a time of truly praising God through song. In the space below, write down some of the lyrics to the song that you picked out.

Your challenge this week is to sing more! Let's be like David and praise God through song. Turn on a Christian radio station in your car and sing along. While doing homework, turn on praise music in the background (softly, maybe). While you're cooking dinner (mom and dad), turn on worship music. When we fill our lives with songs for God, we will be reminded to give thanks to God. These praise songs will be in our hearts and we will sing them all the time! Praise God for all that He does for us!

*Father God, today our family gives thanks to You. We lift Your name up and praise You. Help us to praise You more through song this week and always give glory to You. Amen.*

## **Family Devotion Activity - Gobble Up Gratitude Challenge**

Remember to fill out your Gratitude Calendar this week! And don't forget to feed your turkey some gratitude!

## **Family Game**

### **Week 4 – Bible Verse Turkey Hunt**

*Supplies Needed: Bible Verse Turkey Hunt cards, scissors*

Your family will go on a search for the missing turkeys! These turkeys have parts of the Bible verse written on them and they need to be found!

Before the activity starts, hide all the Bible Verse Turkey Hunt cards around your house or outside. Then send the kids out to hunt for the Bible Verse Turkeys!

After kids find all the turkeys, have them put them in the right order for the Bible verse of the week (Psalm 28:7).

After they finish, read the Bible verse together and discuss.

## **Family Craft**

### **Week 4 – Thankful Cross**

*Supplies Needed: cross and square template, cardstock, construction paper, markers, gluestick*

Using the cross template on the following page (template found only in the formatted PDF version of the devotion), trace the cross onto cardstock paper and cut out. Then using the square template, trace 7 small squares out of construction paper and cut out. Use a different color for each square.

Glue 5 squares on the vertical part of the cross. Glue 2 squares on the horizontal part of the cross. On the center square of the cross, write "I Am Thankful". Then on the other squares write things you are thankful for (or draw pictures of what you are thankful for). Hang on your fridge or in your room.

## **Thanksgiving Dessert**

### **Week 4 – Pretzel Jello Salad**

#### **Crust (Bottom Layer)**

1 1/4 cup crushed pretzels

1/2 cup sugar

1/3 cup melted butter

Mix the above ingredients. Put into a 13x9 pan and press. Bake at 350° for 8-10 minutes. Let cool after you take it out of the oven.

#### **Middle Layer**

8 oz cream cheese

8 oz Cool Whip

1/2 cup powdered sugar

Mix together well using a beater. Spread onto cooled crust.

#### **Top Layer**

1 large strawberry jello

2 cups boiling water

1 pint frozen strawberries

Mix together well. Let jello set a little then pour into a 13x9 pan. Chill then serve.