

# Gratitude Calendar



SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	<b>"Give thanks to the Lord for he is good; his love endures forever." Psalm 107:1</b>				For more faith ideas for your family, visit <a href="http://www.vanessamyers.org">www.vanessamyers.org</a>	

Are you ready for a challenge?

For the month of November, write down one thing each day that you are grateful for. But here's the catch...you can't write down the same thing twice! You need to think of 30 different things that you want to thank God for. These could be people, places, or things.

Also, write down a short sentence of why you are thankful for that thing. Why do you want to thank God for that?

Then spend time in prayer, giving thanks to God for this thing.

Don't rush ahead and try to list 30 things all in one day. Practice gratitude and prayer every day. Have fun and enjoy "Gobbling Up Gratitude!"